

Grab & Go

Bacon Breakfast Sandwich	14
Egg, Cheese, Bacon & Chipotle Aioli On a Croissant Bun	
Cape Breton Farmers Wrap	14
Sausage, Bacon, Eggs, Peppers, Spinach, Cheese, Grainy Mustard Aioli	
Cape Breton Harvest Wrap	14
Peppers, Mushrooms, Onions, Spinach, Egg, Cheese, Grainy Mustard Aioli	
Daily Rotation of Breakfast Pastries	4
Greek Yogurt Parfait <i>*contains nuts</i>	6
Blueberry Compote, Granola	
Overnight Oats <i>*contains nuts</i>	6
Fresh Berries, Maple Syrup, Mixed Nuts	

